

Ms Alda Simoni

Psychotherapist

TERMS OF BUSINESS

Consultation fee

My fees are set out on my website, www.aldasimonitherapy.co.uk, under the Tab, *Services*. As we may or may not decide to meet again, I ask for payment for this initial consultation on the day.

Treatment fee

The weekly fee will be discussed during the consultation. I reserve three slots for those from low income backgrounds (please check if I have a slot available). I review my fees annually, but will not revise your fee during the first year of our work.

Missed sessions and breaks in treatment

Once we arrange a regular session time(s) to meet, I shall keep that time free for you and shall not use it for anything else. I therefore charge for the sessions that I keep free for you each week, and not those attended. I do not charge for any sessions that I cancel myself, or when I am not working over planned breaks at Christmas/New Year, Easter and summer.

Billing and payment

I will send you a bill once a month and at the end of the month. I prefer settlement by bank transfer, but can also accept cheque or cash.

Notice

When it comes to ending our work together, it is best if we can plan an ending date in advance and then work up to that date. This will give us time to think about your experience of bringing the therapy to an end. However, when this is not possible, I require 2 weeks' notice, or payment in lieu.

Caution

Psychotherapy involves an exploration of your experience within the therapeutic relationship with your psychotherapist. Where this process will lead cannot be pre-determined and so results cannot be guaranteed. Furthermore, the process may lead to doubts, negative feelings or more acutely disturbing states of mind. Part of the process of psychotherapy is to explore these, and any, reactions to the therapy. However, if you need more support that I can provide alone, then we would discuss this together at the time.